

# Fruit snack categorisation

		100% fruit &/or veg	No added sugar	Not from concentrates	1 of your 5-a-day	High fibre (/100g)	No gumming or bulking agents	Suitable for lunch-boxes
Real Fruit Snacks <sup>1</sup>	<b>BEAR</b> 	✓	✓	✓	✓	✓	✓	✓
	Sun-Maid Raisins 	✓	✓	✓	✓	✗	✓	✓
	Sunny Raisin 	✓	✓	✓	✓	✗	✓	✓
Processed Fruit Snacks <sup>2</sup>	Fruit Factory Strings 	✗	✗	✗	✗	✗	✗	✗
	Kellogg's Fruit Winders 	✗	✗	✗	✗	✗	✗	✗
	Fruit Bowl Flakes 	✗	✓	✗	✓	✓	✗	✗
	Fruit Bowl School Bars 	✗	✓	✗	✓	✓	✗	✗
	Fruit Bowl Peelers 	✗	✓	✗	✓	✓	✗	✗
	Humzinger Sticks 	✗	✓	✗	✓	✓	✗	✗
	Frootz 	✗	✓	✗	✓	✓	✗	✗
	Yu Strawberry 	✗	✓	✗	✓	✗	✗	✗

**Notes:**

1. Just dried or compacted in a traditional dried fruit baking oven. Not made from concentrates or further processed (other than final cutting/pressing/dicing).

**Compliant with Children's School Food Trust guidelines.**

2. Further processed fruit snacks always made from concentrates, juices and pastes (some with added sugar and gelling agents). Cooked and extruded on confectionery machines.

**Not compliant with Children's School Food Trust guidelines.**